

Guidelines for Unvaccinated (and Partially Vaccinated) Individuals

The guidelines below indicate campus arrival practices.				
Campus Intake	Unvaccinated individuals arriving from a domestic location must: <ul style="list-style-type: none"> • Arrive on campus with a negative PCR test taken within 72-120 hours. • Wear a mask and avoid high-risk social and recreational situations that involve crowds or unmasked indoor settings with individuals outside their immediate family for 7 days prior to arrival on campus. • Have additional antigen testing on the day of arrival (provided at Gould). Unvaccinated individuals arriving from an international location must: <ul style="list-style-type: none"> • Arrive on campus with a negative PCR test that was taken within 72 hours. • Quarantine on campus for 7 days from arrival date into the US with daily symptoms screens and additional PCR testing on day 5. All meals will be delivered to their rooms. Individuals are allowed to go outside, but they must ensure strict masking and physical distancing measures. Individuals in quarantine are not allowed to enter campus buildings. 			
The guidelines below indicate changes in practices based community transmission ¹ . CDC Covid data tracker by state and county				
	Low Transmission Blue	Moderate Transmission Yellow	Substantial Transmission Orange	High Transmission Red
Mask Use	Indoor masking is required . Outdoor masking is recommended when in crowded outdoor settings or during activities that involve sustained close contact with others (less than 3 feet).		Indoor masking is required . Outdoor masking is required when in crowded outdoor settings or during activities that involve sustained close contact with others (less than 3 feet).	
Testing	All unvaccinated individuals are required to receive weekly COVID testing. Free testing will be available at Goud.		All unvaccinated individuals are required to receive bi-weekly COVID testing. Free testing will be available at Goud.	
Sports, Band/Chorus, and Extracurricular Activities	Unvaccinated individuals may participate in sports practices (no interscholastic competition), band, chorus, and extracurricular activities, provided testing and masking guidelines are followed as outlined above. Unvaccinated athletes may not: participate in club sports or similar off campus programs.			Unvaccinated individuals will not be allowed to participate in high-risk sports ² , band, chorus, or other high-risk extracurricular activities ³ .
The guidelines below apply at all times, regardless of transmission status.				
Daily Symptom Screen	Unvaccinated individuals must report to the Gould Academy Health Center prior to the start of each day for an in-person screening for COVID symptoms.			
Local Parent or Guardian	Unvaccinated boarding individuals will be required to have an available guardian or designee who is able to pick them up from campus within 24-hours if they are found to need quarantine or isolation.			
Close Contact Plan	<ul style="list-style-type: none"> • An unvaccinated individual who is deemed a “close contact” will be required to quarantine off campus for 10 days with a negative PCR test on day seven (7), before being allowed to return to campus. • After the initial intake period in August of 2021, unvaccinated individuals who need to quarantine due to international travel will need to quarantine off campus (arranged and paid for by the family). 			
Isolation	Unvaccinated individuals who test positive for COVID will be moved to isolation housing and cared for by the nurse on duty until a parent or guardian is able to safely assume care for the individual.			
Gould Transportation	Masks are required at all times when traveling on Gould provided transportation.			
Visiting Town and Travel Off Campus	<ul style="list-style-type: none"> • Unvaccinated individuals are allowed to go into town and off-campus activities but they must mask while indoors and avoid high-risk social situations such as indoor dining. • Unvaccinated individuals will not be allowed to attend Gould-sponsored events that require airplane travel unless they are accompanied by an adult guardian and lodge separately from the team during the trip. • Unvaccinated individuals who wish to attend Gould-sponsored overnight events, must stay in their own room at the family's expense. • If any individual travels off campus during the school year for personal reasons, they are expected to avoid high-risk travel or social situations. If an individual must travel to an area deemed “high-risk,” and/or engages in a high-risk activity, they need to notify the school before returning and agree to abide by a 7-day “quiet period⁴,” which includes the intake procedures outlined above. 			
Return to Campus after COVID Diagnosis	After an individual tests positive for COVID, they must isolate off campus until cleared per Maine CDC guidelines. Prior to returning to sports activity, they must have a doctor's note clearing them for physical activity. Per current guidance from American Academy of Pediatrics, athletes who are returning from COVID illness will be required to complete a 7-day return to play progression that will be supervised by our Athletic Trainer and Health Center staff. <i>Individuals will be exempt from testing and quarantine requirements for 90 days from the date of COVID positive test.</i>			
Other Requirements	All unvaccinated individuals will be required to sign an Assumption of Risk and Waiver of Liability before returning to campus.			

¹ Levels of community transmission defined as total new cases per 100,000 persons in the past 7 days (low, 0-9; moderate 10-49; substantial, 50-99, high, ≥100) and percentage of positive tests in the past 7 days (low, <5%; moderate, 5-7.9%; substantial, 8-9.9%; high, ≥10%.)

² Examples of low-risk sports are cross country running and golf; intermediate-risk sport examples are soccer and lacrosse; a high-risk sport example is basketball.

³High-risk extracurricular activities are those in which increased exhalation occurs, such as activities that involve singing, shouting, band, or exercise, especially when conducted indoors.

⁴A “quiet period” is defined as a period of time where an individual avoids exposure to COVID by avoiding high risk social situations, unmasked indoor gatherings or travel to areas with high community transmission.